

EVENTS CALENDAR

Get involved in some fun activities during the year and support Cure Parkinson's mission to fund groundbreaking research aiming to slow, stop or reverse Parkinson's.

SEPTEMBER

The Celtic Challenge

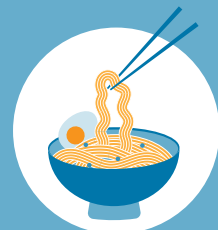
From 4-8 September embark on a stunning 200-mile cycling journey from Edinburgh to the Isle of Iona. During this four-day adventure you'll pedal through the historic port city of Glasgow, traverse the breathtaking 'Arrochar Alps,' and ride along several of Scotland's 'Top 50 Routes,' including the scenic Three Lochs Viewpoint. Click [here](#) for more information.



SEPTEMBER

Paralympic Games

Put the names of the countries participating in the Paralympic Games into a hat and randomly assign one to each staff member. Select a day for staff to bring in a local dish from their assigned country. Spread the word via your local intranet, and consider creating an online fundraising page or placing a donation box in the kitchen.



OCTOBER

Cure Parkinson's Charity Gala

On Monday 7 October 2024, Cure Parkinson's will host a Gala Dinner at the legendary Camden Roundhouse. The Gala will be the flagship event for Cure Parkinson's 2024 fundraising season, raising transformative funds to drive research into a cure for Parkinson's. Click [here](#) for more information.



NOVEMBER

World Kindness Day

Celebrate small acts of kindness on World Kindness Day and encourage staff to donate the price of their morning coffee to Cure Parkinson's, or reward the team with a 'treat' such as pizzas for lunch or cupcakes and pastries for breakfast.



DECEMBER

12 day Christmas Advent Challenge

Take on a 12-day challenge leading up to Christmas! Challenges can range from running 5k, baking a cake for the office, participating in a Santa fun run, dressing up in festive attire or decorating your office pods! Alternatively, rally your colleagues for a team challenge where each person tackles a different task each day. Once you've chosen your daily challenges, set up a fundraising page and start collecting donations! Share videos or pictures of your challenges and encourage people to sponsor you.



For more information, please contact Gina on +44 (0)20 7487 3892 or email gina@cureparkinsons.org.uk

cureparkinsons.org.uk

amrc
ASSOCIATION OF MEDICAL RESEARCH CHARITIES

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REGULATOR

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