



# Help Cure Parkinson's With a Gift in Your Will

Together We Can Find a Cure

## Working for a World Without Parkinson's

- Drugs evaluated and prioritised by the Cure Parkinson's team, found to have the potential to slow, stop or reverse Parkinson's, account for 35%\* of curative research trials, globally.
- More than 10% of all the disease-modifying trials\* conducted worldwide are being funded by Cure Parkinson's.
- We have directly funded or influenced funding for over £75m of research into finding a cure for Parkinson's.

(\* Statistics taken from data reported in "Parkinson's Disease Drug Therapies in the Clinical Trial Pipeline: 2020", Journal of Parkinson's Disease, vol. 10/3 2020.)



## How Has Parkinson's Affected You?

If you're reading this, it's very likely that your life has been affected by Parkinson's. Either directly, or through a loved one.

You're not alone. 1 in 37 people will be diagnosed with Parkinson's at some point in their lives. It's the fastest growing neurological condition in the world.

People living with Parkinson's still rely on the same medication that was first prescribed in the 1960s. It provides temporary relief of symptoms but does nothing to stop the relentless progression.

Your legacy gift could change this. And the lives of ten million people worldwide.

### Your Legacy Can Live on Through Cure Parkinson's

Cure Parkinson's was founded in 2005 by four people living with the condition. Our goal is simple; to find a cure. We will do this by funding innovative research which has the potential to slow, stop, or reverse this devastating disease.

Since 2005, because of people like you, we have grown into a charity with influence and impact. Increasing the awareness of people with Parkinson's and giving hope to the millions of people with the condition.

We remain true to the values of our founders with a 100% focus on finding a cure for Parkinson's, with a sense of purpose that is second to none.



**“Together,  
we will conquer  
Parkinson's!”**

Tom Isaacs,  
late President & Co-founder  
of Cure Parkinson's  
(1968 – 2017)



## Our Research

We only support research that has the potential to cure Parkinson's.

Our focus is on disease-modifying drugs. Drugs that will slow, stop and reverse Parkinson's. We are particularly, but not exclusively, interested in repurposing drugs already in use to treat other conditions. This approach accelerates progress, reduces costs and fosters partnerships.

Partnerships are very important to us as collaboration is the best way to find a cure, so we work closely with researchers, clinicians, other Parkinson's organisations, and people living with the condition.

Our research is often the springboard for further funding. For example, in 2019 the Australian Government committed AU\$30 million to identify the underlying cause of Parkinson's, initially testing the effectiveness of four repurposed drugs from our International Linked Clinical Trials programme (iLCT).

Our team has identified over 40 drugs to put into trial. This is a critical and exciting time for our work. Only through successful fundraising can we make this research happen, and help to identify new treatments to slow, stop or reverse Parkinson's.

## Leave a Lasting Legacy

We know that gifts in Wills are a very personal matter, and your family and friends will come first.

However, if you're also planning to support a cause or a charity you care about, please consider a gift to Cure Parkinson's. You can be certain that your money will be spent with a clear purpose.

**If you would like to discuss a possible legacy gift before you write your Will, we would be very happy to talk, and if possible, meet you.**

Cure Parkinson's does not receive statutory funding, so all the money we raise comes from donations. Gifts left in Wills are the largest single source of donations to the UK charity sector.

Legacy gifts enable us to plan for future funding of research led by some of the world's top Parkinson's experts. This is the work that we believe will deliver results that lead to millions of lives being transformed around the world.







## Your Gift is in Safe Hands

Much of our research is shaped by the international Linked Clinical Trials programme (iLCT). The iLCT committee is made up of top neurologists and neuroscientists from around the world as well as people living with Parkinson's.

This programme is the brainchild of Cure Parkinson's Director of Research, Dr Richard Wyse and chaired by the Director of the Center for Neurodegenerative Science at the Van Andel Institute, Professor Patrick Brundin. The committee meet once a year to prioritise the most promising drugs to fast-track into clinical trials, with the hope of not only proving efficacy but also shortening the time it takes for a potential treatment to move from the laboratory to clinical trials and, ultimately, to the patient.

Before we commit any of our donor's money to research, applications for research grants are reviewed by the charity's independent Research Committee which also includes outstanding neuroscientists and neurologists, who make recommendations to our Board of Trustees about funding. This process has been recognised as best practice by the Association of Medical Research Charities.

We have also appointed one of our trustees as our "Legacy Champion" to ensure your gift is in safe hands and your legacy is focused on finding a cure.

## Minnie's Legacy

A generous supporter named Minnie left Cure Parkinson's a large sum of money in her Will from the sale of her house. Minnie's incredible legacy was used to help fund one of our iLCT drug research projects.



Dr Camille Carroll, one of Cure Parkinson's researchers, whose trial benefited from Minnie's generous gift.

“It was humbling to hear that a legacy donation helped to fund some of the Simvastatin Trial. The value of donations of this nature can really push forward research and help us get closer to finding a cure.”

## How To Leave a Gift in Your Will to Cure Parkinson's

There are three ways you can leave a gift to Cure Parkinson's in your Will:

### 1. A Percentage or Share of Your Estate

For example, you could choose to leave 30% or  $\frac{1}{4}$  of your estate to Cure Parkinson's, once all taxes and other payments have been made. This is known as a residuary gift

### 2. A Lump Sum

You might choose to leave a fixed amount of money to Cure Parkinson's, which is often referred to as a pecuniary gift. For example, this could be £200, £2,000 or £20,000. If you choose this type of gift, it's worth considering linking it to inflation. Without this it could mean the true value of this gift could become less than you intended

### 3. A Specific Item

For example, this could include jewellery, an antique or shares.

We are very grateful for any gift you leave to Cure Parkinson's.

If you are writing a new Will, you can simply add in your wishes. If you already have a Will there is no need to create one from scratch – you can make a simple change by adding an amendment called a 'codicil' to your existing Will.

You can read more about this on the Government website: [gov.uk/make-will/updating-your-will](https://gov.uk/make-will/updating-your-will)



## A Gift to Charity Can Reduce Inheritance Tax

If your estate is worth over £325,000, Inheritance Tax (IHT) may need to be paid when you die. Often, leaving a gift in your Will to a charity can reduce the amount of tax owed.

Anything above your tax-free threshold is currently taxed at 40% - this means that beneficiaries of your estate will receive £6,000 for every £10,000 over the threshold your estate is worth. However, if you leave 10% or more of the total value of your estate to a charity, the tax liability on the rest of your estate will go down, from 40% to 36%. Making use of this could enable you to leave a legacy to a charity of your choice while helping anyone else you choose to leave an inheritance to, by lowering the amount of tax they would have to pay.

It is also worth noting:

- Gifts made to a UK charity in the seven years prior to your death are also covered by the same exemption from Inheritance Tax that applies to a gift to a family member or friend.



Whilst we can't provide any specific advice or help on IHT to our supporters, we recommend you visit the Government website or consult a solicitor if you have more questions.

## Giles' Story

**The beneficiaries of an estate can amend a Will after someone dies provided it is done within two years.**

Giles, a supporter of Cure Parkinson's, was one of three beneficiaries included in a relative's Will whose estate was liable for Inheritance Tax.

As Giles explains, "I suggested we tried to benefit from amending the Will. Either we pay 40% tax on the taxable element or give 10% to charity and pay 36% on the rest. This doesn't sound very good but £1,000 less 40% = £600 while £900 less 36% = £576. So every £100 going to Cure Parkinson's only cost us £24. This is a tax refund of 76%.

"We did have some challenges; primarily we all had to agree to amend the Will and we all wanted to donate to different charities, so we gave it all to Charities Aid Foundation (CAF) and sorted it all out afterwards. For us, this turned out to be straightforward but please look at [gov.uk/alter-a-will-after-a-death](https://gov.uk/alter-a-will-after-a-death) and please get legal advice. Oh, and don't wait too long - you only have two years and you need to agree and sign forms!"

Whatever decisions you make about your Will, we recommend you ask a solicitor or a member of the Institute of Professional Willwriters (IPW) to write or amend your Will. They will be able to provide the advice on the correct wording.

**Please ensure that, whatever gift you choose to leave, your Will includes our full name "Cure Parkinson's", our registered charity number in England and Wales (1111816) or Scotland (SCO44368) and our address, "120 New Cavendish Street, London, W1W 6XX".**



## Once You've Written Your Will

**Make sure your wishes are known** - your Will is a legally binding document that sets out how your estate should be distributed in the event of your death. We would encourage you to discuss your Will with your family and loved ones first, particularly if you are considering supporting a charitable cause. Many people find they fully support the decision.

If you decide to leave Cure Parkinson's a gift in your Will and would like to let us know then please do get in touch so we can thank you for your generosity, however, you of course have the right to change your mind at any time. Making a Will or any changes to it can be a big decision and we want you to do it in your own time so, be assured, although it helps us to know your intentions, we will never put you under any pressure.







## Roy's Legacy

Roy Bousfield (pictured left with his wife Ann) generously left a gift in his Will to support medical research to find a cure for Parkinson's, as his son David explains:

**“My father chose to support medical research in his Will, and as trustees, we chose to fulfil his wishes by donating to Cure Parkinson's to support them in their mission to find a cure for Parkinson's.”**

## We Are Here To Help

We know writing a Will can all be a bit daunting, so we are here to give you as much help as we can.

We aren't solicitors, but we can answer any general questions you have about gifts in Wills and about how we are seeking a cure for Parkinson's.

If you would like to speak to us regarding your Will, please call us on 020 7487 3892, or send an email to: [info@cureparkinsons.org.uk](mailto:info@cureparkinsons.org.uk)

**We are always happy to help.**





## Thank You

If you are considering leaving a gift to Cure Parkinson's in your Will, thank you.

Your kindness could help millions of people affected by Parkinson's and one day spare their families the grief of losing someone they love too soon.

**Thank you for thinking of us. We are profoundly grateful to anyone who supports us, however they choose to do so.**





# Our Legacy Pledge

- We will always respect your privacy and understand that your Will is completely personal to you.
- We understand that your family and loved ones always come first – we respect that and won't try to change it.
- We recognise that leaving a gift in your Will to Cure Parkinson's is your decision and that you need to make it in your own time.
- You can tell us that you have included a gift to Cure Parkinson's in your Will but you do not have to.
- We will keep your personal information secure and confidential and will never ask you to disclose the value or type of gift that you have chosen to leave Cure Parkinson's.
- If you would like your gift to be used in a certain way we are happy to discuss your wishes, otherwise we will use it where the funding is most needed at the time... and will use it carefully, and effectively to ensure it has the biggest impact.
- At any time in the future you have the absolute right to change your mind about a gift in your Will to us.



**CURE**  
PARKINSON'S

## Join The Conversation

We'd love to tell you about what we're up to, and the most cost-effective way of doing this is by email. We promise that we will not fill your inbox with endless emails.

You can change how you choose to hear from us at any time by visiting

[www.cureparkinsons.org.uk/your-permissions](http://www.cureparkinsons.org.uk/your-permissions)

You can also join us online on   

Or write to us at '**Cure Parkinson's, Freepost**'  
No stamp or address needs to be added.



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**amrc**

Cure Parkinson's is the operating name of The Cure Parkinson's Trust. The Cure Parkinson's Trust is a registered charity in England and Wales (1111816) and Scotland (SCO44368) and is a company limited by guarantee – company number 05539974 (England and Wales).